



*Vale*  
**Lisbeth Gow**

***14th March 1932 - 12th September 2021***

Or Lis as she was known to all her many friends was born in 1932 in Vienna Austria . Along with her sister Monika and her parents Johnnie and Fritz the family were forced to flee their home and lives after Nazi Germany annexed Austria in 1938. After a long sea journey the family settled in the eastern suburbs of Sydney and quickly settled into life in Australia.

Lis attended Sydney Girls High and graduated high school in 1948. She was a highly intelligent and vibrant girl, known to all as Lis. Talented artistically Lis studied art at the Julia Ashton school in the Rocks in Sydney and returned to Vienna after the war to complete her art training. A famous Australian artist William Dobell in a newspaper cutting we have describes Lis as an extremely gifted young female painter.

On returning to Australia in the early 50s Lis met and married Paul Gow. Tim was born in Tamworth where Lis and Paul had moved in 1955 and Trevor their 2nd son was born in 1959.

Lis trained and graduated with a degree in Physical Education while in Tamworth and commenced a lifelong career in teaching in the mid 50s. Apon returning to Sydney while teaching at Asquith Boys High she shifted her attention to Mathematics in which excelled as a teacher in both public and private schools in Sydney for well over 30 years. She was respected wherever she worked as being hardworking , conscientious, reliable and probably most of all great fun

The family first settled in Epping before moving to West Pennant Hills in the late 50s. Lis's best mate for life Celia Dunstan typically was met while shopping in a conservative post war Epping where Lis and Celia were the only 2 ladies who went shopping not wearing a hat and gloves. Lis had so many interests in life she could not be contained. From early on she involved herself in charitable organisations, had a deep love of the arts, found an absolute passion in gardening, later on cooking and entertaining. 24 hours in a day were hardly enough for her to pursue whatever consumed her interest on any given day.

Nobody was a favourite to Lis, everybody was an equal and of interest to her. She loved her boys and following their careers and endeavour's but still had room for absolutely anybody who possibly needed some help. Lis in the absolutely any event was upbeat and optimistic and totally selfless.

After the passing of Paul her husband in 2013 Lis moved from the family home in Mt Wilson to take up residence with Trev in Norfolk Island. Already suffering early stages of dementia Lis sadly only lived with Trev for around six months before she required full time care at the Norfolk Island Hospital. Typically though Lis was losing her ability to talk she managed to find friends her spirit still shining through, uncomplaining in any circumstance. For such an energetic and free spirited person life had become a challenge however she found love and friendship at the hospital and the family will be eternally grateful she was able to live out her last years in the calm and peaceful environment that is the randah on Norfolk Island. She even found herself a new name, Lizzie as her spirit attached itself to so many of the nurses and staff of the hospital.

From My brother Tim, his wife Kim, son Toby, Trev and Justine, Tara, Jaimie, Kelly, Nicole, Kyra and Storm, all their partners, Jenny and all her family and Lis's many many friends we would like to thank everybody here on Norfolk for helping make mums passing easier.

From the people who sent cards and messages, the driver today, the team leader and gravediggers, Shane for giving to mum such a beautiful spot, David for taking the service, Trent for leading the singing, Robyn and Dids for the flowers, the Council of Elders, Tim and members of the bowling club. Thankyou so much.

Especially we would like to thank all at the hospital for the loving attention mum was afforded in their care. It will not be forgotten by Lis's family

After the service all are welcome to join us for some refreshments at the Bowling club to remember a life lived well. Thankyou.



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Phone Trev on 54019

ABN 29500994939