



*Vale*

## **Adrian George Hingston Cook**

*24th January, 1930*

Adrian George Hingston Cook was born on the 24th January, 1930 at home in Hunters Hill, Sydney, weighing a whopping 12lbs. He set a record even then!

He was the 5th child of Eileen and Guy Cook.

His father, Guy, was a decorated World War 1 veteran and noted architect, his mother Eileen, a gifted musician, composer and artist, who drew for the

Sydney Morning Herald's fashion pages and played the cello for the Sydney Symphony Orchestra.

He had 2 older brothers Edwin and Mervyn, 2 older sisters Elaine and Oenone and a younger sister Silvia followed 3 years later.

Growing up beside the Lane Cove River and surrounded by bush, Adrian had an idyllic childhood – swimming, fishing, playing street cricket, racing billycarts, exploring the bush and getting into all kinds of mischief with his siblings and the 3 Alvarez boys who lived across the road.

Owen Alvarez was to remain a life-long friend.

Adrian recalled racing out in the morning to greet the milkman as he delivered a huge tin of milk for the family on his horse and cart.

Adrian would drink a third of the milk, including the cream, before he got back to the house, much to his mum's dismay. As punishment he had to scrape the horse manure off the street for his dad's prolific vegie garden.

During the Depression, there were no luxuries and the family were largely fed by the vegetables and fruit his father grew.

An extremely bright child, Adrian could both read and write at the age of 3 and later, went to a small integrated school at Hunters Hill with his siblings.

He was taught by a wonderful and passionate teacher Mr Rolfe, who recognised Adrian's intelligence and thirst for knowledge and encouraged him to develop a life-long love of learning.

*(continued overleaf)*

# **VISITING OPTOMETRY SERVICE**

**WEDNESDAY 3RD TO MONDAY 8TH APRIL 2019**

John will be available for eye examinations, spectacle needs and repairs.

New spectacle frame range available for the new year.

Get your private health care and/or Medicare rebate on the spot with our HICAPS terminal.

For those with health fund extras cover for spectacles, please note the new year may mean you can claim a new pair of spectacles.



## **Appointments**

Email John & Dominique at [jk@sunnies.net](mailto:jk@sunnies.net)

text/call **0061478 704 983**

**or from Wednesday 3rd April call 22522**

**Adrian George Hingston Cook - continued**

He sat his Intermediate Certificate 3 times, the first was at 10 years of age.

He then won a scholarship to Sydney Grammar School and sat the Leaving Certificate twice, as he was too young to attend university. At 16, he placed 103rd in the state with his results.

He attended Sydney University at 17 to study Arts, with the dream of becoming a teacher.

During his holidays, he worked as a timber cutter in Narrimine to pay for his fees.

He said he was 5 foot 5 when he left school and grew to over 6 feet during that time.

He was also a keen rugby player and represented the university in High Jump and Long Jump.

In his third year, he studied Legal Studies and was encouraged by his professor to apply for a scholarship to study Law.

As Adrian was too young to graduate from university (you had to be 21), he applied for and won the scholarship

and studied for a further 3 years, graduating with a double degree in Arts/Law.

After graduation he was taken on as a Judge's Associate and worked for a few years before being accepted to the bar as an up and coming young barrister.

During this time, he met and fell in love with Diane Ball, who he had met at his cousin Garth Lukins' marriage to Diane's sister Barbara.

Diane was also a university graduate and went to Europe to travel and work in London for a year.

Adrian followed her over, paying for his passage by working as a kitchen hand and waiter.

They travelled together and when they got home, they were married soon after in January 1957.

They bought an old run down house they dubbed "Ants Manse" in Pymble and later built their own home on the same block.

They had 4 children – Murray, Michelle, Gretchen and Virginia.

There were many fun times and holidays at Bawley Point, Clareville and Quail Island.

Adrian first worked in Industrial Relations law, helping migrants claim workers' compensation after working on the Snowy Hydro Project.

His intelligence, diligence and charisma earned him the respect of his colleagues.

In 1963, he was the youngest barrister to win a murder trial at the Privy Council in London. He was 33.

Later, he was appointed a Queens Council and eventually made a judge in the Family Court in 1977 by the then Prime Minister, Malcolm Fraser.

Adrian had a lengthy service in the Australian Army Legal Corps. He retired as a Lieutenant Colonel in 1985 after being involved in legally difficult and complex court martial during the Vietnam War.

During his time as a judge, he made many landmark decisions and presided over cases that are still studied by legal students today.

It was a hugely stressful time, with several of his

colleagues murdered by disgruntled fathers.

Diane and Adrian's marriage broke down and he re-married Gai Ohlsson.

In the early 1980s, they bought a property "Paddock Wood" on Norfolk Island that Adrian had seen during a legal sitting on the island.

He immediately fell in love with the place, especially the golf course!

He still continued his legal work in Sydney and did a mediation course at Harvard Law School, but spent more and more time on the island, eventually retiring there, after the dissolution of his second marriage and the devastating death of his daughter Gretchen.

He met and married Lynn Quintal in 1997 and together they created a beautiful home and garden at "UpCooks" off Potts Farm Rd.

Adrian continued to give legal advice and take on legal cases, the most prominent and controversial being the Pitcairn Case, where he spent a long time researching and forming a case against the British Government.

He produced a very strong case that Pitcairners were not subject to British Law as descendants of the Bounty mutineers.

*(continued overleaf)*

**Sudoku Number 373 - Medium**

6	1					7	4
				1			
	9		6	2		3	
1		6	8		5	9	3
2		3	9		1	7	5
	3		2		6		1
				8			
8	7					6	2

6	7	1	2	9	4	3	5	8
5	9	8	3	6	1	4	7	2
4	3	2	8	7	5	9	6	1
7	8	5	6	3	2	1	9	4
9	2	3	1	4	7	6	8	5
1	4	6	5	8	9	2	3	7
2	6	9	4	5	8	7	1	3
8	1	7	9	2	3	5	4	6
3	5	4	7	1	6	8	2	9

**SUDOKU RULES**

Fill in the grid so that every column, every row and every 3x3 box contains the digits 1 through 9. There is no math involved. You solve each puzzle with reasoning and logic. Each puzzle only has one solution.

**Last week's solution**

**Adrian George Hingston Cook - continued**

Adrian was a humanitarian and tirelessly helped others on Norfolk, often doing cases pro bono or for little payment.

He was actively involved in charity work and was appointed Minister for the Arts.

He acted in the Trial of the 15 and was staunch supporter of the Labor Party.

He and Lynn travelled widely and did many yoga retreats together in both India and Bali, with Adrian gaining a yoga teacher training qualification at the age of 70.

He was a deeply spiritual man and had a strong faith that integrated Christian, Buddhist and Hindu philosophies.

He was an avid reader, gardener, golfer, artist, nature-lover and raconteur.

He loved people and his energy and charisma filled the room.

His sharp intellect and insights inspired others and he was generous to a fault.

He was loved by many, especially his 8 grandchildren: Sam, Alice, Maya, Hannah, Max, Jessie, Jeddah and Mahala.

He will be sorely missed by his wife Lynn, his children, grandchildren, family, friends and colleagues.

Adrian, may you rest in peace and may your full life be an inspiration to us all.

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**Thank You**

Lynn & Adrian's family would like to say thank you to:

The Norfolk Island Hospital Residential Aged Care Services for the love and support you gave Adrian in the last 5 months he was with you.

To Shane Quintal and all the gravediggers.

To Edie Christian, all the wreath makers and for the donation of flowers from so many community members.

To Tardy for Adrian's last journey home and to his final resting place.

To the Pall Bearers that made this journey possible.

To the Rev. David Fell and Jodie for their guidance with the service.

To Sim and Milton for the music.

To the Friends of Yoga for the distribution of service program.

To Joe and Kerry for the decoration of the mound.

And to the community members, too many to mention, for floral tributes, the food delivered to Upcooks and the love and support given to us.

We are so grateful to all of you.

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Anglicare

## What's on this week?

Skype Counselling  
Mondays  
Anglicare Skype Room or in  
your own home. Ph 22232  
for appointments



Letl Pliegruup  
Tuesday 9:30-11am  
St Barnabas Parish  
Centre

Mothers Group  
Thursdays 10-12 MD  
Anglicare Lounge Room.  
Support and Friendship  
Coffee from Seriously  
Chocolate Cafe!



Tiny Tots Playgroup  
Friday 9:30-11am  
A&H Hall  
Play, Activities,  
Music

\*Children's Library\*  
Come and borrow a  
book!  
At Playgroups and the  
Town Office.  
Story Time for 0-5s  
coming soon.  
Look out for our  
Community Street  
Library



All Anglicare services are FREE. We also provide family support, parenting programs and access to food and financial assistance.



22232  
51644

Norfolkisland@anglicare.org.au  
102A Taylors Road  
Norfolk Island